



# Wendy Oliver-Pyatt

**M.D., FAED, CEDS, F.IAEDP**

**Co-Founder:** Within Health; Galen Hope Treatment Center; Oliver-Pyatt Centers; Clementine-Adolescent Eating Disorder Treatment Program; Embrace - Specializing in the Treatment of Binge Eating Disorder, and Center for Hope of the Sierras

## Education

**Doctor of Medicine** State University of New York School of Medicine; Brooklyn, NY 1991

**Bachelor of Arts** University of Denver; Denver, CO 1987, Dual Degree in Psychology and Biology; Minor in Chemistry

## Postgraduate Training

**Chief Resident Bellevue Hospital Outpatient Psychiatric Service;** New York, NY 1994 – 1995

**Resident in Psychiatry** New York University Medical Center; New York, NY 1991 – 1995

## Contact

6011 SW 82nd Street, South Miami, FL 33143

C | 305.240-9903

F | 786-216-7015

[withinhealth.com](http://withinhealth.com)

[galenhope.com](http://galenhope.com)

[wendy@withinhealth.com](mailto:wendy@withinhealth.com)

## Honors & Awards

- **Spirit Award** Special Recognition by Sierra Tucson on behalf of Florida mental health providers, 2018
- **Spirit of IAEDP Award** (International Association of Eating Disorder Professionals) 2010
- **Senatorial Recognition for Commitment and Contribution to Mental Health in the State of Nevada** John Ensign, United States Senator 2002
- **Special Recognition for Excellence in Psychiatry and for Efforts to Decriminalize the Mentally Ill** Human Potential Institute 2000
- **Resident of the Year** NYU Medical Center 1992
- **National Institute of Health Research Fellow** 1990
- **Engel Scholar** SUNY Medical Center 1987
- **Honorary Biology Degree** University of Denver 1987

## Academic Appointments

- **Assistant Professor of Psychiatry** University of Nevada; Reno, NV 1997 – 2008
- **Clinical Instructor of Psychiatry** Albert Einstein College of Medicine; Bronx, NY 1995 – 1997
- **Clinical Instructor of Psychiatry** New York University School of Medicine; New York, NY 1994 – 1995

## Positions Held

- **Co-Founder, CEO, Chief Medical Officer,** Within Health; 2021-present
- **CoFounder, Chairwoman of the Board** Galen Hope: Mental Health; Coral Gables, FL 2021-present
- **Co-Founder, CEO** Be the Light Charitable Foundation, 2018 – present
- **Wendy Oliver-Pyatt, MD, Clinical Supervision & Private Practice** 2016-2019
- **Founder, Executive Director, and Chief Medical Officer** Oliver-Pyatt Centers and Clementine; South Miami, FL 2008 – 2016
- **Founder, Executive Director, Medical Director** Eating Recovery and Wellness Center of UNR; NV 2005 – 2010
- **Founder, CEO, and Medical Director,** Center for Hope of the Sierras; Reno, NV 2003 – 2007
- **Medical Director,** Step Two Residential Substance Abuse Treatment Facility; Reno, NV 2002-2003
- **Attending Psychiatrist/Medical Director** Program for Assertive Community Treatment, Nevada Mental Health Institute; Sparks, NV 2000 – 2003
- **Attending Psychiatrist** High Dessert State Prison; Susanville CA 2000-2001
- **Private Practice in Psychiatry** Reno, NV 2000 – 2010
- **Medical Director** Nevada Division of Mental Health and Developmental Services; Sparks, NV 1999 – 2000
- **Chief of Staff** Nevada Mental Health Institute; Sparks, NV 1998 – 1999
- **Assistant Education Coordinator** University of Nevada, Department of Psychiatry; Reno, NV 1999
- **Attending Psychiatrist** Inpatient Treatment Team, Nevada Mental Health Institute; Sparks, NV 1997 – 1999
- **Attending Psychiatrist** Montefiore Medical Center Psychiatric Emergency Room; Bronx, NY 1995 – 1997
- **Staff Psychiatrist** Comprehensive Psychiatric Emergency Program, Bellevue Hospital; New York, NY 1993 – 1995
- **Psychiatrist** Center for Psychobiology; NY, NY 1994 – 1995

## Licensures & Certifications

*Diplomate* American Board of Addiction Psychiatry  
*Diplomate* American Board of Psychiatry and Neurology  
*License to Practice Medicine in the following states:*

State	License or App #
Arkansas	E-14885
California	G 81735
Colorado	DR.0067213
Delaware	C1-0025130
Florida	ME 100796
Georgia	TM200
Illinois	36.165271
Indiana	01088136A
Kansas	04-45225
Massachusetts	290376
Minnesota	2935
Nebraska	33893
New Hampshire	ELO4385
New Jersey	25MA11341100
Nevada	19600
New York	193619
North Carolina	2023-01576
Oklahoma	38651
Oregon	MD215846
Rhode Island	MD17942
South Carolina	87057
Utah	12433950-1205
Virginia	101273743

## Presentations

---

- *Tristate Conference, Indiana*, March 2023
- *Binge Eating Disorder and ADHD MEDA Conference; May 2024*
- *Breakthroughs in Eating Disorder Treatment: Game Changers In Our Field Global Exchange Conference; November 2023*
- *The Evolution and Burden of Shame: Why it Matters Now Within Health Summit; October 2023*
- *Past, Present and Future: Fundamentals of Effective Eating Disorder Treatment Heal Conference Carolina Resource Center; October 2023*
- *Wellness or Weight Stigma: Getting What You Want, Need and Deserve in the Healthcare System Weight Stigma Awareness Week; September 2023*
- *Exploring Overlapping Intersectionality: Impact of Stigma, Trauma, and a Marginalized Life Experience with Lesley Williams, ICED Conference; June 2023*
- *The Perfect Storm: Intersection of Pandemic, Trauma, Eating Disorders, and the Mental Health Crisis Emerging Themes Conference; April 2023*
- *Binge Eating Disorder and ADHD Part 2 National Alliance; March 2023*
- *The Perfect Storm: Intersection of Pandemic, Trauma, Eating Disorders, and the Mental Health Crisis NATSAP National Conference; February 2023*
- *Binge Eating Disorder and ADHD Part 1 National Alliance; December 2022*
- *The Perfect Storm: Intersection of Pandemic, Trauma, Eating Disorders, and the Mental Health Crisis Global Exchange Conference; November 2022*
- *The Perfect Storm: Intersection of Pandemic, Trauma, Eating Disorders, and the Mental Health Crisis IAEDP South Florida Chapter Event; October 2022*
- *Breakthroughs in Treatment: Past, Present and Future of Eating Disorders Within Summit on Mental Health and Eating Disorders October 2022*
- *The Perfect Storm: Intersection of Pandemic, Social Media, Epigenetics and Eating Disorders Within Summit on Mental Health and Eating Disorders October 2022*
- *Eating Disorders in Midlife and Menopause Eating Disorder Foundation, Denver CO July 2022*
- *Past Present and Future of Treatment Refractory Eating Disorders MEDA Conference, Boston, MA, May 2022*
- *Spirituality in Treatment of Mental Health Conditions (co-panelist) Emerging Themes in Behavioral Health; Los Angeles, CA 2022*
- *The Perfect Storm: Intersection between Pandemic, Epigenetics, Social Media, and Eating Disorders Miami International Association of Eating Disorder Professionals; Miami, FL 2022*
- *Medical Perspectives on Binge Eating Disorder Long Island Conference on Eating Disorders; Long Island University, Brookville, NY 2015*
- *Two Bodies in the Room: Using Authentic Connection and Self-Awareness for Effective Body Image Treatment (co-presenter) Houston Eating Disorders Specialists (HEDS) Conference; Houston, TX 2015; Summit for Clinical Excellence Eating Disorder Conference; St. Louis, MO 2014; International Association of Eating Disorders Professionals (IAEDP) Spring Meeting; New York, NY 2013; Multiservice Eating Disorders Association (MEDA) Conference; Needham, MA 2012*
- *Binge Eating Disorder Treatment and Myths: Navigating Care of Your Patient in a Fat-Phobic Culture (co-presenter) Oliver-Pyatt Centers Continuing Education Seminar; Miami, FL 2015*
- *Damage Control! Finding Common Pathways to Address Obesity Concerns While Preventing Eating Disorders and Weight Bias: A Guide for Clinicians and Advocates Obesity: A Clinical Dilemma Continuing Education Workshop; Adelphi University, Garden City, NY 2014; Elisa Symposium Conference; University of Southwestern Medical Center, Dallas, TX 2013; Alliance for Eating Disorder Awareness Public Outreach Event; Palm Beach, FL 2012; Binge Eating Disorder Association (BEDA) Conference; Scottsdale, AZ 2011; International Association of Eating Disorders Professionals (IAEDP); San Diego, CA 2011; Renfrew Conference; Philadelphia, PA 2011*

## Presentations

---

- *Stories of Survival: Jewish Culture, Eating Disorders, and the Children of Holocaust Survivors* Oliver-Pyatt Centers Event at The Caron Foundation; New York, NY 2014; Multiservice Eating Disorders Association (MEDA) Conference; Boston, MA 2014; Oliver-Pyatt Centers Event; Miami, FL 2013
- *The Family Roadmap: Effective Involvement of the Family in the Comprehensive Treatment of Eating Disorders* (co-presenter) Southeastern Eating Disorder (SEED) Conference; Tampa, FL 2014
- *Health at Every Size in the Doctor's Office: Getting What You Need and Deserve* Binge Eating Disorder Association Conference; Denver, CO 2014
- *Recipe for Recovery: Healing the Shame/Trauma Binge Eating Cycle Using Principles of Mindful Eating, Self Psychology, and Acceptance Eating Disorder Network of Central Florida* CEU Event; Orlando, FL 2013; Eating Disorders Coalition of Tennessee Annual Forum for Professionals; Nashville, TN 2013; Binge Eating Disorder Association Conference; PA 2012
- *Navigating the Undercurrent: Multimodal Treatment of the Resistant Eating Disordered Patient* Oliver-Pyatt Centers and Atlanta Center for Eating Disorders Co-Sponsored CEU Event; Atlanta, GA 2013
- *Don't Weigh Recovery: Mindful Eating in the Integrated Treatment of Binge Eating Disorder* Binge Eating Disorder Association (BEDA) Conference; Bethesda, MD 2013
- *Eating Disorder Treatment: Choosing Levels of Care* (co-presenter) The Center for the Study of Anorexia and Bulimia (CSAB) Webinar 2012
- *Weight Stigma and Eating Disorders* (co-presenter) National Association for Eating Disorder Association (NEDA) Webinar 2013
- *Binge Eating Disorder: Myths, Science, Treatment, and Hope* Binge Eating Disorder Association (BEDA) Multi-Sponsor Event; New York City, NY 2011
- *What Lies Beneath: Understanding the Eating Disorders/Trauma Connection in the Privileged and Powerful* Foundations Recovery Network Conference; Palm Beach, FL 2011
- *Building on What We Know: Taking Eating Disorder Treatment to the Next Level* Keynote Panel Discussion with Mark Warren, M.D.; and Carolyn Costin, M.A., M.Ed., MFT, FAED, CEDS; Multiservice Eating Disorders Association (MEDA) Conference; Boston, MA 2011
- *Eating Disorders, Weight Bias, Low Self-Esteem, Bullying, and the War on Obesity: Where Do We Go from Here?* Keynote Panel Discussion; Binge Eating Disorder Association (BEDA) Conference; Scottsdale, AZ 2011
- *Eating Disorder Mentoring in Five Voices: A New Effective Experiential Model for Improving Recovery Outcomes* International Association of Eating Disorders Professionals (IAEDP) Symposium; Phoenix, AZ 2011
- *Addressing Eating Disorders and Obesity in Tandem: Why We Must* Eating Disorder Coalition (EDC) Senatorial Briefing; Washington, DC 2011
- *Meaning Matters: Application of Self-Psychology to Meaningful Eating Disorder Treatment* Multi-service Eating Disorders Association (MEDA) Conference; Boston, MA 2010
- *Eating Disorders and Trauma: Healing Body, Mind and Spirit* Oliver-Pyatt Centers and The Refuge Co-Sponsored CEU Event; Miami, FL 2010
- *Navigating with Wisdom: Finding Common Pathways to Address Eating Disorder and Obesity Treatment* National Eating Disorders Association (NEDA) South Florida; Barry University; Miami, FL 2010
- *From Head to Toe: Psychiatric and Medical Aspects of Eating Disorders* Miami Area Health Education Coalition; Miami, FL 2010
- *An Inside Look: Working with the Resistant Eating Disorder Patient* Oliver-Pyatt Centers and Promises Treatment Center Co-Sponsored CEU Workshops; Bethesda, MD 2010; Orlando, FL; Miami, FL; Tarrytown, NY; Fort Lauderdale, FL; West Palm Beach, FL; 2009

## Presentations

---

- *Meaning Matters: How the Quest for Personal Meaning, Meaning in Life, and Meaningful Relationships Enhances Eating Disorder Recovery* Renfrew Foundation Conference; Philadelphia, PA 2008
- *Navigating the Undercurrent: Recognizing and Treating Undiagnosed or Undertreated Psychiatric Illness in Eating Disorder Patients* National Eating Disorders Association (NEDA) Conference; Austin, TX 2008
- *It Takes Two to Tango: Dancing with Resistance* Keynote Presentation; International Association of Eating Disorder Professionals (IAEDP) Symposium; Orlando, FL 2008
- *Integrating Psychiatric Treatment and Effective Psychological Interventions in Eating Disordered Clients & Eating Disorder Patients in Your Medical Practice: Providing Safe and Effective Treatment* Academy for Eating Disorders (AED) Teaching Day AED Medical Special Interest Group; Las Vegas, NV 2007
- *Principals of Comprehensive Eating Disorder Treatment* West Hills Hospital; Reno, NV 2007
- *Self-Psychology Based Residential Treatment* Ben Franklin Summit for Excellence in Eating Disorder Treatment; Las Vegas, NV 2007
- *Pursuit of Thinness and Eating Disorders* National Eating Disorder Awareness (NEDA) Week; University of Nevada; Las Vegas, NV 2007
- *Approaches to the Treatment-Refractory Eating Disordered Patient* Association for Professionals Treating Eating Disorders (APTED); San Francisco, CA 2006
- *Eating Disorders: A Psychiatrist's Role and Perspective* Association of Family Consumer Sciences; Lake Tahoe, NV 2005
- *Dieting and the Pursuit of Health: Not Just a Woman's Predicament* Nevada Health Unit Governor's Task Force on Men's Health Conference; NV 2005
- *Dieting and the Pursuit of Health: Not for Women Only* McReynolds Conference; UNLV Department of Psychology; Reno, NV 2005
- *Dieting and the Pursuit of Health: Not Just for Women* Grand Rounds; UNLV School of Medicine, Department of Psychiatry; Reno, NV 2005
- *Pressure for Perfection* NEDAW Presentation; UNR, NV 2004
- *Obesity: Building a Compassionate Response* First Lady's Conference on Women's Health Issues; Southern Nevada Area Health Education Center; Las Vegas, NV 2003
- *Are You Preoccupied? A Food and Body Discussion* Gathering of Wise Women; Lake Austin Spa; Austin, TX 2003
- *Food and Body Preoccupation: A Psychiatrist Responds* Center for the Application of Substance Abuse Technologies; Summer Institute; Reno, NV 2003
- *Raising Healthy Daughters* Barbara Greenspun Center for Women's Care Excellence; Las Vegas, NV 2003
- *Food and Body Preoccupation: A Psychiatrist's Response* Grand Rounds; University of Nevada School of Medicine, Department of Psychiatry; Reno, NV 2002
- *Body Image: Eating Disorders* First Lady's Conference on Women's Health Issues; Southern Nevada Area Health Education Center; Las Vegas, NV 2001
- *Get Fed Up!: Take Your Mind and Body Seriously* Administrative Assistant's Annual Retreat; University of Nevada; Reno, NV 2001
- *Decriminalizing the Mentally Ill* Panelist; Human Potential Institute 2000
- *Medicinal Uses of Marijuana* Panelist; Campus Wide Forum; University of Nevada; Reno, NV 1999
- *Impact of Dieting on Weight Loss and Disordered Eating* Conference for Psychiatric Nurses, Social Workers, and Related Mental Health Clinicians; Northern Nevada Adult Mental Health Services; Sparks, NV 1999
- *Diagnosis, Epidemiology, and Treatment of Schizophrenia* University of Nevada School of Medicine; Reno, NV 1998, 1999
- *Eating Disorders and Food and Body Preoccupation* Continuing Medical Education Lecture; Nevada Mental Health Institute; Sparks, NV 1998
- *Diagnosis and Treatment of Eating Disorders* Medical Student Psychopathology Course; University of Nevada School of Medicine; Reno, NV 1999 – 2009

## Media

---

- *Shire Pharmaceutical: Professional Speaker for Televised Nationwide Educational program on Binge Eating Disorder* - 2016
- *Multiple appearances on WebMD*
- *Super-Size Your Life: A Four Week Guide to Feeling Better with Food and Fitness* 2003 – 2005
- *75+ Nationwide and local radio, television, and magazine interviews* – Discussing the subjects of food and body preoccupation and the destructive impact of dieting 2002 – present

## Committees

---

### Eating Disorder-Related

- *Binge Eating Disorder Association* Board of Directors and Chairman of Board of Directors, 2008-2016
- *Joint Commission on Accreditation of Health Care Organizations* Eating Disorder Technical Advisory Council 2015
- *National Eating Disorders Association (NEDA)* National Conference Planning Committee 2009 – 2011
- *Academy for Eating Disorders (AED)* Medical Special Interest Group 2004 – present
- *Advocacy Committee 2006 – 2010 (Chair: 2006 – 2009)* Credentialing Task Force: Treatment Delivery Committee 2006

### Additional

- *University of Nevada School of Medicine* Department of Psychiatry Member and Site Representative, Residency Education Committee Aug 1998 – Oct 1999; Member and Site Representative, Medical Student Education Committee Sept. 1997 – Oct. 1999
- *Nevada Mental Health Institute* Chairwoman, Credentialing and Privileging Committee Aug. 1998 – Oct. 1999; Chairwoman, Continuing Education Committee Aug. 1997 – July 1999

## Professional Affiliations

---

- *International Association of Eating Disorder Professionals (IAEDP)* Board of Directors; Certified Eating Disorder Specialist, Certified Supervisor, Fellow
- *Binge Eating Disorder Association (BEDA)* Board of Directors; Chairwoman of the Board 2014-2016
- *Academy for Eating Disorders (AED)* Fellow
- *National Eating Disorders Association (NEDA)* Member
- *American Psychiatric Association* Member
- *New York University-Bellevue Psychiatric Society* Member

## Research & Publications

---

- Caitlin B. Shepherd, Rebecca Brumm, Jessica Genet, Wendy Oliver-Pyatt, Christine Stocker, Rebecca Brumm, Shaun Riebl, and Elsbeth Crowe. *Outcomes for binge eating disorder in a remote weight-inclusive treatment program: a case report.* Journal of Eating Disorders 2023
- Oliver-Pyatt, Wendy. *Questions and Answers on Binge Eating Disorder, A Guide for Clinicians.* Jones and Bartlett Learning. 2017
- Daníelsdóttir, Sigrún; Deb Burgard; and Wendy Oliver-Pyatt. “*Academy for Eating Disorders Guidelines for Childhood Obesity Prevention.*” 2008.
- Oliver-Pyatt, Wendy. *Fed-Up! The Breakthrough Ten-Step No-Diet Fitness Plan.* New York: McGraw-Hill/ Contemporary Books. 2002. – Selected “Editor’s Pick” and “Best of 2002” by barnesandnoble.com; *Featured in Family Circle, Marie Claire, Women’s Health and Fitness, Child, Natural Health, Shape, Town and Country, Today’s Dietitian, Social Work Today,* and other national publications  
Recommended Reading in *Psychology Today*
- Leonard, Leah M; Wendy Oliver-Pyatt. *A Time-Series Design Evaluating the Effectiveness of a Residential Treatment Program for Eating Disorders.* Reno: University of Nevada. 2007.
- “*Evoked Potentials and the Genetics of Alcoholism.*” Research assistant in study contributing to the Human Genome Project, State University of NY.